

Jealousy, the Green Eyed Monster, 4
Sept 2022

‘Beware of jealousy; it is the green-eyed monster that makes fun of the victims it devours’; these words are taken from the play “Othello” by Shakespeare. This, one of his most famous plays, is devoted entirely to the topic of jealousy. So what is jealousy and how do we respond to it?

To be jealous is to feel resentment, bitterness, or hostility toward someone because they have something that you don’t have; that’s what the dictionary says. Secondly, jealousy can arise when a person observes that their companion is spending time with another person, a rival. Finally, the word jealous can describe someone who is prone to jealousy which can be identified in a person’s thoughts or words or actions without any external cause. In most cases jealousy is triggered by situations people find themselves in, resulting in resentment towards another. Feeling jealous usually occurs as a result of another person owning something you want to have, or a person having achieved some kind of success that you want to achieve but are unable to accomplish. The other person is invariably somebody who lives in the world you navigate within. It could be family, relative, neighbour, work colleague, friend etc.

Jealousy can lead a person to commit nasty actions. They can vary from the silent treatment to outright aggression. If not checked jealousy is a monster that consumes his victims. We should not let jealousy open our hearts to hatred and rage. The response to jealousy? **Dispel jealousy from your body and mind and heart as you would chase a thief from your house or as you would spit a fly from your mouth.** It has no place in your life. As Shakespeare writes, it is ‘like a poisonous mineral, gnawing at my insides’. Giving into jealousy will inflict pain. Jealousy has catapulted people onto a path of destruction which temporarily quells the pain of jealousy? What will the collateral damage be? Who will it ultimately help?

Cast your mind back to past jealousies and recall the futility of engaging them. Ask if these pyrrhic victories are worth it? Jealousy is an irrational response. Think it through yourself or preferably talk to somebody about it. You might talk to the person you are having the dilemma with and try to resolve the problem amicably. Jealousy can blind you from the truth of

reality. What you heard or saw maybe a misunderstanding and doesn’t bear any connection with reality. There might be no need to feel jealous. **Utter a word of thanksgiving for the good fortune of others.** It makes the world we inhabit a better place and will indirectly benefit us all. Successes or achievements should not and do not minimise or diminish you one iota. Let it inspire you to achieve your own greatness with your own resources and array of talents. Whatever you are jealous of will pass. Its significance will falter and fade. Recognise that your true worth has nothing to do with what you possess or achieve. Your dignity comes from recognising that you are God’s loved child who offers you an eternal destiny above and beyond this world.

I’d like to conclude with the words of Shannon Alder: ‘I am convinced that the jealous, the angry, the bitter and the egotistical are the first to race to the top of mountains. A confident person enjoys the journey, the people they meet along the way and sees life not as a competition. They reach the summit last because they know God isn’t at the top waiting for them. He is down below helping his followers to understand that the view is glorious wherever you stand’. JK



Pope Francis established 1 September as an annual World Day of Prayer for the Care of Creation. The Season of Creation is marked throughout the Christian world from 1 September to 4 October (Feast of Saint Francis of Assisi), 13) We know now that the past 200 years of ‘development’ have caused widespread destruction of our planet, altering the very fabric of our ecosystems. Levels of consumption by humans are out of control. It is a time to reconnect with the beauty of God’s creation so that we set out on more sustainable paths. This involves breaking away from systems which harm our environment and the most vulnerable and embracing a gentler way of walking on this earth. It requires a change of heart so that we can set out on new paths.

Congrats to all our Students who received their Leaving Cert results, a stressful time with the Points for many courses and on top of that trying to find accommodation
Recently deceased Sympathy to the family of Bernie Byrne, Clarina & Ballysheedy, to the family of John O’Connell -The Cottages Ballyneety & Ballybricken May they rest in Peace

DKR Community Association meeting in the Court-house Monday 5th Sept. 8pm

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Remembered In Mass		
Donoughmore		
Sat 3rd Sept	7pm	Mike Kiely (16th)
Mon.5th	10m	
Tues 6th	10am	No Mass
Fri 9th	10am	
Sat 10th	7pm	
Knockea		
Sun 4th	11am	Parish Intentions
Wed 7th	10am	
Sun 11th	11am	Brian Clancy. Dan Godfrey (5th)
Roxboro		



Parish of Donoughmore/ Knockea/Roxboro
 Fr Tom Mangan PP

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 Website, dkrparish.ie
 Facebook: DKR Parish Limerick
Sacristan
 Terry 087-6686050
 The Eircode for St. Patrick’s Church, Donoughmore is V94 V6T3.
 Knockea is V94 D938. Pastoral Area Donoughmore /Knockea/ Roxboro, Queen of Peace, Holy Family

terpiece, please email ballyneety-mensshed@gmail.com as soon as possible but no later than Fri. 16th September 2022. This is to facilitate the preparation of a programme of events. It is **FREE** to participate and attend. All are welcome Regards Seamus Fitzgerald
Chair yoga, mat yoga and pilates classes start again on September 12th 2022 in the Hub, Ballyneety. Book online <http://www.villageyoga.ie> or phone Sinead 0879711007 All levels Chair yoga, mat yoga and pilates classes start again on September 12th 2022 in the Hub, Ballyneety. Book online <http://www.villageyoga.ie> or phone Sinead 0879711007 All levels

Weekly Lotto €1,700 Winner Ger & Nonie Lonergan – Glenview Rovers Group winning No. 4,15,22,27. Next Jackpot €1,000 Draw Tues.5th Sept. The Four Elms 9.30pm Thank you

